

A TRIBUTE
TO NATURE





AFTERNOON TEA AT THE CARLTON TOWER

Inspired by nature and the botanical elements of iconic British gardens, The Carlton Tower's Afternoon Tea brings a new take on the quintessentially British tradition.

Working with only locally sourced produce, exploring, and celebrating the best ingredients available, each piece is a sophisticated display of flavour, taking guests on a sensorial journey through Britain, season by season.

We preserve and enhance the natural sweetness of whole fruits by adding carefully selected layers of flavours without compromising the key ingredients and their natural taste. Each dish relies wholly on the naturally occurring sugars – only occasionally using honey and brown sugar for sweetness.

The Carlton Tower is proud to celebrate its Afternoon Tea as a tribute to nature.



OUR PHILOSOPHY



Today more than ever, we are more and more aware of the need to respect the Earth, and this begins with what we choose to eat. Behind each product, there is a story, and there is a person who nurtured the product – from farmers to artisans to chefs. There is no story more beautiful than the relationship between the product, the producer, and the dish. We owe it to ourselves to respect nature, to respect producers, and to ensure that each we maintain the integrity of the taste of each product.

Nature revolves around the rhythm of the seasons, as do we as human beings. Each season brings different fruits, and our bodies nutritional needs should correspond to what nature gives us. Being in tune with nature allows us to explore taste in the right place at the right time. At their ripest, fruits are full of natural sugars and by extracting this, we do not have to add artificial sugars to our creations. Through this, we draw out the true layers and complexity of taste and pay homage to the depth of flavour. Instead of compromising the core flavours, we enhance them.

We ask that you keep an open mind to discovering a new, elevated taste experience, inspired by the great richness of British gardens that has guided us throughout.





TRIBUTE TO NATURE AFTERNOON TEA

Classic Afternoon Tea


75 per person

Champagne Afternoon Tea

| | |
|--------------|-----|
| Ruinart Brut | 90 |
| Ruinart Rosé | 93 |
| Dom Pérignon | 140 |

Additional Champagne

| | |
|--------------|----|
| Ruinart Brut | 25 |
| Ruinart Rosé | 30 |
| Dom Pérignon | 70 |



TO START

Sandwiches

Buckwheat Canollo filled with
Duck Egg & Truffle (118 kcal)

Pan Brioche with Crème Fraiche,
Smoked Salmon & Caviar
(128 kcal)

Lamb Samosa with
Chervil & Lemon
(110 kcal)

Cheese Crème Brulée (182 kcal)

Palate Cleanser

Pear and Black Lime Sorbet
(36 kcal)

TO FOLLOW

Scone Experience

The Scone Experience is a respectful ode to the British tradition. Immerse yourself in this journey of the senses, smells, texture & colour.

Plain Scones with
Clotted Cream (50 kcal)

Ceylon Cinnamon Scones
with Orange Condiment (42 kcal)

Sesame Seed Scones served
with Date Condiment (56 kcal)

Cranberry Scones with
Chocolate Crèmeux (38 kcal)

TO CONCLUDE

Patissieres

Orange Tarte

Cinnamon, Almond Crème,
Fresh & Caramelised Orange
& Citrus Marmalade
(98 kcal)

Apple Tamarind

Cashew Nut Tart,
Fresh Granny Smith Apples
(65 kcal)

Lemon Tuille

Almond Poppy Seeds & Lemon
(71 kcal)

Chocolate Delice

Dark Chocolate, Coffee Crèmeux
& Black Rice
(52 kcal)





Our carefully, hand-picked selection of teas for natural health benefits

It is no secret that drinking tea is good for you. Tea has been an integral part of traditional medicine and is revered as a cure-all in many Asian countries. The Chinese and Japanese have consumed tea to improve health for centuries. It is even promoted in Western medicine to treat illness.

The benefits of drinking tea go far beyond simply feeling better when sick. Drinking tea can help protect our brains, improve heart health, and may even prevent certain types of cancer.

The following tea list focuses on great, well-known, and authentic teas, as well as different flavoured teas, which are more approachable even for non-tea drinker. The tea list also represents established teas from main countries but also has new countries such as New Zealand or Colombia.

All teas from 'Mariage Frères' are organic.

Tea evokes the senses and allows one to travel to different places across the world by taste and smell. This tea list reflects this remarkable ability of tea - taking one across Asia, on to Africa before ending in South America.

BLACK TEAS

The United Kingdom is one of the largest markets for Black Tea consumption. The following selection of Black Teas will satisfy any guest's preference - from strong Black Teas such as Assam, to the most delicate like Darjeeling, to flavoured teas such as Marco Polo.

· Blood Sugar Properties ·

Black Tea has been shown to reduce blood sugar levels. Researchers attribute these health benefits to the polyphenols found within tea as these boast anti-inflammatory and antioxidant powers.

GARDEN TEAS

Queen Victoria, India

Second Flush Darjeeling
& Vibrant Floral Notes

Margaret's Hope, India

First Flush Darjeeling
& Green Muscatel

Los Andes, Colombia

Fine Whole Leaf Black Tea
from the Andes & Cacao Beans

Lahijan, Persia

Gilan Golden Tips, Fruity & Nutty

Rize, Turkey

Strong & Coarse Black Tea

Black Leopard, Malawi

Whole Leaf Tea, smoked
over Guava Tree Wood

TEA BLENDS

Maharajah, India

Blend of Darjeeling & Assam, Very Round

English Breakfast

Strong & Malty

Earl Grey D'or, India

Assam Golden Tips, Femminello Bergamot

Chai, Chandernagor, India

Masala Chai Spices

Sultane, India

Blend of Finest Ceylon & Candied Fruits

Marco Polo, India

Fruits & Flowers of Tibet

Wedding Imperial

Malty Assam with Chocolate & Caramel

Paris - London

Black & White Tea with Rose & Lavender

Casablanca

Green & Black Tea, Moroccan Mint & Bergamot

SEASONAL TEA

Espirit de Noël

A festive tea blended specially for the occasion.
Flavoured with mild Christmas spices,
it includes orange zest and vanilla.



OO LONG TEAS

Traditionally, Oolong is from Taiwan, and it is also known as Formosa.

This region mainly produces dark Oolong which has ripe fruit aroma, and a dark liquor. Located in New Zealand is a unique balled Oolong, with a clear, light liquor and clover honey with a hint of vanilla.

· Dermatological Properties ·

Oolong Rea can suppress allergic reactions because it combats free radicals, which is a healing property of an antioxidant. The antioxidants found in Oolong are essential for maintaining vibrant, youthful skin.

Oolong Imperial, Taiwan

Honey & Chestnut

Oriental Beauty, Taiwan

Candied Fruits, Apple & Vanilla

WHITE TEAS & GREEN TEAS

White Teas are mostly made from the tea buds only, as the Yin Zhen also known as Silver Needle, however the taste is very delicate, especially when enjoyed while eating. The Pai Mu Tan also contains leaves, which brings a strong character to the tea, perfectly balanced to be combined with food.

· Energy Boost ·

The energy boost from tea is longer-lasting and steadier than that from a cup of coffee. L-theanine also increases alpha waves in the brain, helping to enhance focus while at the same time offering calming and relaxing effects.

Yin Zhen, China *(Supp 9)*

Fresh Fragrance & Floral

Pai Mu Tan

White Flowers & a Woody Scent

Blanc & Rose

Noble Yin Zhen & Oriental Rose Buds

Every Day Matcha *(Supp 7)*

Powdered Japanese
Green Tea & Umami

De-Stress Tea

Make your moments of
relaxation a daily pleasure

À La Porte Chinoise

A Garden of Exotic Teas

Lung Ching d'Or *(Supp 9)*

Appears Year of the Dragon

Nocturne Oriental

Sensual Floral Green Tea
with a Citrus Scent

Jasmine Beauty

Intense Jasmine Fragrance

Gyokuro Kansai

Rich in Vitamin C, low in Theine

Genmaicha

Delicious when Iced





PU-ERH TEAS & HERBALS

Pu-erh is very traditional in China as it is the only tea that is oxidised and fermented. Families in China have their own way and style to age this tea as part of their culture. To receive this tea as a gift is incredibly meaningful.

· Digestive Properties ·

Pu-erh tea is well known in the history as in present days to be drunk after large meals to help digestion. Many years ago in China, Pu-erh was considered a tea-medicine.

Pu-Erh

Earthy with a slightly sugary taste

Pu-Erh Vintage 2008 *(Supp 9)*

Notes of Autumnal Fruits & Dewy Wood

Mentha Piperita

A delicate lacework of cool, peppery reflections remaining remarkably mellow

Verbena Citroedora

Gold Liquor with a velvety texture & a dizzying rush of Candied Citron

Chamomilla

Hint of White Magnolia Flower

Rouge Métis

Rooibos, Red & Black Berries, Rose & Lavender

Rio Summer, Cold Brew

Rooibos, Mint & Açai Berries



CHAMPAGNE SELECTION

| Bottle | 750ml |
|---|-------|
| 'R' de Ruinart | 130 |
| Ruinart Rose | 165 |
| Ruinart Blanc de Blanc | 185 |
| | |
| Billecart-Salmon, Brut Réserve | 135 |
| Billecart-Salmon, Brut Rosé | 170 |
| Billecart-Salmon, Cuvée Nicolas François 2007 | 285 |
| Louis Roederer, Collection 242 | 140 |
| Bollinger, Special Cuvée | 135 |
| Bruno Paillard, Première Cuvée | 140 |
| Pol Roger, Brut Réserve | 150 |
| Laurent-Perrier, Brut Millésimé, 2007 | 165 |
| Bollinger, La Grande Année, 2007 | 196 |
| Rare, Piper-Heidsieck, 2002 | 280 |
| Grand Siècle, Laurent-Perrier | 418 |
| Cristal, Louis Roederer, 2009 | 630 |
| Dom Pérignon, 2013 | 410 |
| Dom Pérignon 'P2', 2002 | 690 |
| Krug, Grande Cuvée | 420 |
| Krug, Vintage, 2004 | 480 |
| Krug, Clos du Mesnil, 2004 | 1,750 |

Should you have any allergies or dietary requirements, please do inform our team.
All prices are inclusive of VAT. A discretionary service charge of 15% will be added to the bill.



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- WITH -

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Paradis

by



RAYNAUD

LIMOGES

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You are welcome to purchase
our Raynaud dinnerware -
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The
CARLTON
TOWER
Jumeirah

