

ROYAL AFTERNOON TEA

THE PALACE LOUNGE



#RubensHotel

A RITUAL FIT FOR ROYALTY

ROYAL AFTERNOON TEA

£45
PER PERSON

ENJOY THIS traditional English occasion at The Rubens at the Palace overlooking the Royal Mews of Buckingham Palace.

The pastry kitchen at The Rubens is led by our talented pastry chef Sarah Houghting, producing the freshest pastries and cakes for our guests to enjoy. With a reputation as one of the best in London, we pay respect to the tradition of Afternoon Tea whilst incorporating fresh twists along the way.

Our delicious Royal Afternoon Tea features mouth-watering pastries that are influenced by Royal events and dining trends throughout the centuries.

Our sandwiches, scones and pastries are prepared fresh each day. Please inform us prior to your visit of special dietary requirements to avoid additional waiting time.

VEGETARIAN, VEGAN AND GLUTEN-FREE OPTIONS AVAILABLE

PMD'S

TEA SELECTION

P.M. DAVID SILVA & SONS WAS ESTABLISHED IN 1945 during the Plantation Raj in Ceylon's world-famous Dimbula Valley. The company was founded on Brunswick Estate in the fertile Maskeliya Valley as a small independent Tea Shop for tea plantation workers to gather, relax and enjoy a quality cup of tea. The business and the family soon expanded to become a specialist Tea Transporter and Plantation Supplier.

Today, three generations on, it remains a family company, serving the world's most sought-after teas that are hand plucked and ethically sourced.

BLACK TEA

THE RUBENS ROYAL TEA BY GOLDEN GARDEN ESTATE

Hand-picked and handmade by the expert tea maker on Golden Garden. The leaf is personally tended to by the Tea Maker who hand sifts the tea to extract the "tip". Golden Garden has a balance of strength and flavour, as the extra "tip" found in this tea gives a mild sweetness to the cup. Thick, malty with a bittersweet finish.

Perfectly paired with our coronation chicken & toasted almond sandwiches.

THE ROYAL JUBILEE TEA BY LOVERS LEAP TEA ESTATE, NUWARAELIYA, CEYLON

The estate takes its name from two lovers who leapt to their fate. HRH The Duke of Edinburgh visited this estate on a Royal tour of the island in 1954. The Duke took to the fields by planting a selection of tea bushes during his visit. Lovers Leap tea was the only tea served and drunk by those in attendance of the state banquet dinners during the Diamond Jubilee celebrations for 2012. The flavours are bright, crisp and clean – a lighter cup without milk.

Perfectly paired with our ham, cheese & tomato chutney sandwiches.

PLANTERS' BREAKFAST

Strong and full bodied. Before English breakfast, early tea planters enjoyed the full bodied flavours of Planter's Breakfast in Ceylon. The perfect conditions for creating that rich full taste are found in the Dimbula valley. This is where the award-winning Planters Breakfast is handpicked.

Perfectly paired with our smoked Scottish salmon & horseradish cream cheese sandwiches and shortbread biscuits.

PLANTERS' AFTERNOON

The traditional afternoon tea of cakes and sandwiches is best taken with a bright and fragrant tea. The award-winning afternoon tea is handpicked on the rolling hills of Ceylon's Uva region. Ideal on its own or with a splash of milk.

Perfectly paired with our scones.

PLANTERS' EARL GREY

The most aristocratic of teas is infused with the unmistakable aroma of bergamot. To balance the citrus, you need a bold tea. The Earl Grey is handpicked and infused with a drop of natural bergamot oil.

Perfectly paired with our Earl Grey & chocolate orange crown jewels.

P M D ' S

TEA SELECTION

BLACK TEA

MANGO SUNSHINE

A great Orange Pekoe infused with mango oils and extract. Refreshing and fruity at the same time with great sweet notes to the palate. Amazing as an Iced Tea.

Perfectly paired with our egg and watercress sandwiches.

INVERNESS TEA ESTATE - CEYLON HALMARI TEA ESTATE - ASSAM

The dry leaf contains selectively plucked and delicately rolled leaves with a generous sprinkling of chunky golden buds. The cup is a deep ruby coloured liquor with strength and flavour, with a signature creamy chocolate note that its seasonal tea is known for. Can be enjoyed plain or with milk.

Perfectly paired with our cucumber & cream cheese sandwiches.

OKAYTI TEA ESTATE - 1ST FLUSH DARJEELING

One of Darjeeling's most picturesque plantations. This 150-year-old grand plantation started life named Rangdoo. However, its teas were so highly acclaimed at the London auctions that they became known as 'the only okay tea' and subsequently the estate was named Okayti, or Okay Tea. The soil and unique climatic conditions of this plantation produces teas of subtle delicacy.

Perfectly paired with our scones.

INVERNESS PEKOE DIMBULA

Dimbula seasonal Pekoe grade produces a cup that is amber in colour, with a golden rim to the cup. The tea boasts a wonderful aroma, with a distinctive oaky note that is only found in its seasonally made tea. Dimbula tea is used in blends the world over. Enjoy it pure and fresh, straight from the garden. Can be enjoyed with a splash of milk.

Perfectly paired with scones, summer fruits raspberry tart.

GREEN & WHITE TEA

PLANTERS' GREEN

Grown on the high peaks and hand plucked to fully satisfy the green tea connoisseur. The large leaf tea is curled and pan heated to produce a light mellow brew with a delicate flavour and aroma, or as an after dinner drink.

Perfectly paired with our egg and watercress sandwiches.

HERBAL TEA

ROOIBOS

Unique to the Western Cape of South Africa this is a bright orange infusion that is rich in vitamin C, Iron & Magnesium.

Perfectly paired with our scones.

PEPPERMINT LEAVES

A cherished herbal tea that has been used for centuries to aid digestion and leaves a fresh minty tang to the mouth. Best enjoyed after meal as a palate cleanser or as a digestive aid.

Perfectly paired with chocolate assortment.

FLORAL TEA

FLOWERING TEA

A light and fragrant green tea wrapped around a bulb of marigold in the base of an arch of pure jasmine blossoms and an amaranth flower, which slowly blooms when infused.

Perfectly paired with our raspberry tart.

THE RUBENS' ROYAL

AFTERNOON TEA

SANDWICHES

SMOKED SCOTTISH SALMON & HORSERADISH CREAM CHEESE

on Beetroot Bread

CORONATION CHICKEN & TOASTED ALMONDS

on White Bread

HAM, CHEESE & TOMATO CHUTNEY

on Onion Bread

EGG & WATERCRESS

on Basil Bread

CUCUMBER & CREAM CHEESE

on Caraway Seeded Bread

SCONES

TRADITIONAL PLAIN & HONEY & WHITE CHOCOLATE SCONES

Served with Homemade Seasonal Fruit Preserve & Clotted Cream

THE RUBENS' ROYAL

AFTERNOON TEA

PASTRIES

GIN & TONIC MACARON

A gin & tonic is The Queen's tippie of choice. This macaron has an uncanny G&T flavour without the addition of alcohol

LEMON & ELDERFLOWER CUBE

An ode to the Duke and Duchess of Sussex's baby Archie: the Royal couple's wedding cake flavours showcased in a baby box

PEACH MOUSSE

Grown in the orchards at Windsor Castle, peaches are Queen Elizabeth II's favourite fruit

EARL GREY & CHOCOLATE ORANGE CROWN JEWELS

Our Earl Grey cheesecake and chocolate mousse Crown Jewels are a homage to Her Majesty, The Queen's love for tea and especially Earl Grey tea

SEASONAL RUBENS ÉCLAIR

Inspired by Prince Charles' sustainability farming

VEGETARIAN ROYAL

AFTERNOON TEA

SANDWICHES

CUCUMBER CREAM CHEESE

on Caraway Seeded Bread

ROASTED PEPPER & SUNDRIED TOMATO HUMMUS

on White Bread

CHEDDAR CHEESE & TOMATO CHUTNEY

on Onion Bread

EGG & WATERCRESS

on Basil Bread

GOAT'S CHEESE & RED ONION JAM

on Beetroot Bread

SCONES

TRADITIONAL PLAIN & HONEY & WHITE CHOCOLATE SCONES

Served with Homemade Seasonal Fruit Preserve & Clotted Cream

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VEGAN ROYAL

AFTERNOON TEA

SANDWICHES

All sandwiches are served on a selection of vegan breads

HUMMUS & ROASTED PEPPERS

AVOCADO & ROCKET

SUNDRIED TOMATO & CUCUMBER

ROASTED VEGETABLE & GREEN PESTO

WILD MUSHROOM

SCONES

TRADITIONAL PLAIN & FRUIT SCONES

Homemade Seasonal Fruit Preserve and Vegan Butter

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THE RUBENS CHOCOLATE BOX

Inspired by Her Majesty The Queen's love of chocolate

GLUTEN-FREE ROYAL

AFTERNOON TEA

SANDWICHES

All sandwiches are served on a selection of gluten-free breads

SMOKED SCOTTISH SALMON & HORSERADISH

CORONATION CHICKEN & TOASTED ALMONDS

HAM, CHEESE & TOMATO CHUTNEY

EGG & WATERCRESS

CUCUMBER & CREAM CHEESE

SCONES

FRUIT SCONES

Served with Homemade Seasonal Fruit Preserve and Clotted Cream

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SEASONAL RUBENS ÉCLAIR

Inspired by Prince Charles' sustainability farming

PRINCE & PRINCESS ROYAL

AFTERNOON TEA

£19

PER CHILD UNDER THE AGE OF 12

SANDWICHES

on White bread & Caraway seeded bread

STRAWBERRY JAM & PEANUT BUTTER

HAM & CHEESE

CHOCOLATE NUTELLA

CUCUMBER & CREAM CHEESE

SCONES

TRADITIONAL PLAIN &
HONEY & WHITE CHOCOLATE SCONES

served with Homemade Seasonal Fruit Preserve & Clotted Cream

PASTRIES

RUBENS' LOLLIPOP

CHOCOLATE & VANILLA CUPCAKE

ICED DONUTS

THE ROYAL COLLECTION

...ADD A LITTLE SPARKLE

KIR ROYALE

CRÈME DE CASSIS, CHAMPAGNE

18

A GOBLET FIT FOR A KING

REMY MARTIN COGNAC, PROSECCO, PARFAIT D'AMORE,
ITALIAN VERMOUTH, ORANGE MARMALADE

16

THE KINGDOM WITHIN US...

HIGHLAND PARK WHISKY, TAYLOR'S PORT, HOMEMADE CARAMEL SYRUP

16

THE NEW YORK BAR ROYALE

TANQUERAY GIN, LIMONCELLO, FRESH APPLE, MINT

16

CHAMPAGNE

LANSON BLACK LABEL CHAMPAGNE

17

LANSON ROSÉ

18

SHOT OF CHAMPAGNE

25ml

4

THE
RED CARNATION
HOTEL COLLECTION



RUBENSHOTEL.COM