



**“It is not worthwhile to leave this world  
without having had a little fun in life”**

***Frida Kahlo***

## **Frida Kahlo Inspired Afternoon Tea**

Inspired by the opening of the most talked about exhibition of the year, *Frida Kahlo: Making Her Self Up* at the Victoria & Albert Museum, the new afternoon tea by The Lanesborough’s Head Pastry Chef Gabriel Le Quang celebrates the colours, shapes and textures of the life of Mexican artist, Frida Kahlo.

Tea commences with a taste of Agua de Jamaica, the classic Mexican water flavoured with hibiscus typically drank in the Mexican merienda (*afternoon tea period*).

Alongside traditional scones and accompaniments, and some classic afternoon tea sandwiches, the pastry selection has been inspired by the life of Frida:

**Corn sablé with dulce de leche**, combining the Mexican tastes of corn and the traditional dulce de leche

**Margarita Baba**, a classic baba with a Margarita twist using agave and tequila

**Carrot Cake**, decorated in Frida-esque style

**Passion Fruit and Raspberry Éclair**, inspired by the work of Frida with Central American flavours

**Mexican Chocolate Tartelette**, made with Mexican chocolate and garnished with delicate sugar flowers

For the full merienda experience, guests can order hot chocolate or Mexican spiced hot chocolate instead of tea or coffee with their Afternoon Tea.

Should you have any dietary or allergen requirements, please do inform our team.  
All prices are inclusive of VAT. A discretionary service charge of 15% will be added to the bill.



## FRIDA KAHLO INSPIRED AFTERNOON TEA

A selection of finger sandwiches

Egg and Watercress, Cucumber and Mint  
Smoked Salmon and Cream Cheese, Chicken Tinga,  
Traditional Guacamole



Selection of Frida pastries



Homemade scones, fruit preserves,  
and clotted Devonshire cream

**Your preferred choice of tea**  
*£39.00 per person*

**Served with a glass of Irroy Champagne  
or a Tradicional Margarita cocktail**  
*£49.00 per person*

**Discover & share Frida Kahlo's love  
for Mexican spirits - Tasting Flight**  
**Maestro Dobel Silver**

*A superb double-distilled, pure and unaged sipping tequila  
with only water added to dilute it to drinking strength*

**Jose Cuervo Tradicional**

*A rare Reposado tequila produced each year in limited amount,  
"rested and aged" for a minimum of two months in white oak barrels*

**Jose Cuervo Reserva de la Familia**

*A Tequila Extra Añejo so rich that it becomes difficult to distinguish it  
from other quality aged spirits, aged for a minimum of 3 years*

**Creyente Mezcal Joven**

*An artisanal joven Mezcal from Oaxaca, silky with notes of green,  
sweet fruit, and a gentle touch of smokiness*

*£25.00 per flight*

An additional glass

Irroy Champagne £14.00

NV Taittinger Brut Réserve £15.00

Taittinger Prestige Rosé £25.00





## FOR OUR LITTLE ONES

Available on Saturdays and Sundays only

Selection of finger sandwiches

Ham  
Cheese  
Strawberry jam



Red velvet cake  
Chocolate dipped strawberries  
Vanilla macaroon & raspberry macaroon  
Crown-shaped sable  
Plain scones



Fresh fruit juice or hot chocolate with marshmallows

***£18.00 per person***

Should you have any dietary or allergen requirements, please do inform our team.  
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## LANESBOROUGH SIGNATURE TEAS

### **Lanesborough Breakfast Tea**

£5.50

A special blend of Assam, Sumatran and Ceylon black teas with a deep golden-brown cup. It is a robust and well-balanced tea with a hint of dates and pleasant fragrant aroma.

### **Lanesborough Afternoon Tea**

£5.50

A blend of black and green tea leaves with a golden cup and enticing floral aroma. The flavour is mild and sweet with distinct fruity overtones an elegant rose aftertaste. A very lively and refreshing bespoke blend.

### **Chocolate Tea & Gold Leaves**

£5.50

The unmistakable flavour of chocolate without all the calories! A medium bodied blend of Chinese and Ceylon black teas that has been combined with chocolate chips and coconut to produce a wonderfully light black tea with a strong aroma and undertones of chocolate.

## BLACK TEAS

### **Bohea Lapsang Souchong**

£5.50

The tea leaves are put through several stages of preparation which culminates in the leaves being hung in baskets over smoking pine wood fires to dry. The leaves consequently become intensely black and have a distinctly smoky aroma.

### **Ceylon Kenilworth**

£5.50

This particular Sri Lankan tea Estate produces one of the highest quality teas in Sri Lanka with beautiful black leaves. The full-bodied infusion is a dark-red with an earthy spicy flavour.



### **Darjeeling Jungpana**

£5.50

Jungpana is a tiny, beautiful and renowned garden nestled in the hills of the Darjeeling region, India. This rich infusion yields the classic 'muscatel' character with hints of almond and walnut. The aroma holds hints of peach and floral notes, with a delightful honey finish. The body is extremely smooth with distinct fruit notes in every sip.

### **Earl Grey Supreme**

£5.50

Earl Grey is one of the most widely drunk teas in the world. Its distinct flavour is the result of combining high quality Chinese black tea and oil of bergamot. This beautifully scented tea with its flowery and citrusy flavour remains the embodiment of the finest English tea.

### **Cinnamon Star**

£5.50

A classic, medium bodied Chinese black tea has been enriched with crushed cinnamon pieces, a once rare and sought after spice. The rich, red-brown cup is characterised by its unmistakable spicy and warm aroma, offering an invigorating brew that is perfect in its simplicity.

### **Assam Dejoo**

£5.50

Dejoo is a bold, rounded black tea with a deep, burgundy-red cup and not overly pungent flavour. Its rich aroma is more starchy sweet than malty, like roasted plantains. This tea is a solid, 'friendly' Assam, from the well-regarded tea garden.

## **GREEN TEAS**

### **Chinese Gunpowder**

£5.50

Also known as the "Temple of Heaven", this variety of gunpowder tea is one of the more popular green teas in China. Using a centuries-old method, each leaf is rolled into a small pellet, resembling black powder and giving this green tea its unique name. This refreshing tea has a strong aroma with an underlying sweetness.



### **Lung Ching (Dragonwell)**

£5.50

Also known as 'Dragonwell', Lung Ching is one of the most famous Chinese green teas worldwide, renowned for its quality and remarkable flavour. This light tea smoothly combines the classic green tea character with a sweet and slightly fruity aroma.

### **Moroccan Mint Green Tea**

£5.50

A truly invigorating tea, which combines the strength of a high-quality China Gunpowder tea with the delightful sweetness and aroma of premium peppermint leaves. This Gold Taste Award winning tea offers a bold and stimulating, but well-balanced cup which will awaken all your senses.

### **Japan Sencha (organic)**

£5.50

Sencha stands for 'infused tea' and it is the most popular Japanese tea worldwide. This particular organic green tea is picked in July and offers a pale golden-green cup with a light and pleasantly tangy flavour, the aroma reminiscent of freshly cut grass and sea breeze.

### **Rose of the Orient**

£5.50

Rose of the Orient has been created using a high quality green tea, with slightly opened leaves and a few silver tips. The leaves have been layered with fresh rose petals, allowing the floral aroma to seep into the tea itself. The final result is striking – a fine green cup with a delicate bouquet of roses.

### **Jasmine Flowering Balls**

£5.50

These amazing flowering teas are handmade rosettes of delicate green tea leaves and decorative flowers, which have been carefully infused with jasmine blossoms to give them their exquisite jasmine flavour and aroma. As the balls steep, they slowly unfurl to reveal the secret beauty of the graceful bouquet within.



## WHITE TEA

### **Snow Buds**

£8.50

Snow Buds is a premium white tea, grown in southeast China at a notable altitude of 1,000 metres, just as it has been for over a hundred years now. Its name derives from the downy appearance of the delicate leaves and buds. Consisting of only hand plucked buds and youngest leaves, this tea has a pale yellow cup with a warm and sweet flavour with a pleasant vegetal after taste. Despite its mellow and light nature, it also retains a unique ‘green soul’.

## OOLONG TEA

### **Tie Guan Yin**

£8.50

Tie Guan Yin, or the “Iron Goddess of Mercy”, is considered to be one of the top ten most famous Chinese teas. This premium oolong tea was created during the Qing Dynasty in Anxi, Fujian Province, in a beautiful mountainous landscape with plentiful moisture throughout all the seasons. The light yellow infusion offers a refreshing aroma and a gently sweet flavour with fruity undertones.

## HERBAL TEAS

### **Lemon Verbena (whole leaf)**

£5.50

Lemon verbena, known and used in European cuisine since the 17th century, is believed to be a great tonic for the nerves and also known to aid digestion. Its therapeutic effect on the body helps to create a sense of well-being, whereas its highly aromatic flavour is reminiscent of liquorice and camphor with a distinct lemon aftertaste.

**Peppermint (whole leaf)***£5.50*

Peppermint is well known for being a fantastic digestive and also a circulatory stimulant. It also has decongestive properties which can help with catarrhal congestion, cold relief and headaches. This premium whole leaf peppermint has mildly sweet undertones and its crisp freshness can be enjoyed all day long.

**Chamomile Flowers***£5.50*

Chamomile is an all-time favourite when it comes to calming the nerves, soothing irritability and relieving pain in the digestive system. Traditionally it has been known to ease colds and flu, symptoms associated to allergies and eczema. These lovely flowers produce a golden cup with a creamy and sweet infusion.

**DECAFFEINATED TEA****Earl Grey Green (decaffeinated)***£5.50*

An alluring blend of Japanese green tea and the essentially British flavour of Earl Grey. The two combine and complement one another fantastically, providing a classic green tea flavour with the sweetness and citrusy aroma of bergamot oil.

**Ceylon (decaffeinated)***£5.50*

A full bodied Ceylon black tea with spicy undertones, which has retained its character by a flavour protecting CO<sub>2</sub> decaffeinating method.



## FRUIT / ICE TEAS

### **Very Berry**

£7.50

An exciting, pure fruit tea consisting of a wide selection of berries and a few other dried fruit, such as papaya. The deep red cup is characterized by a vivid fruitiness and a pleasing sweetness that is balanced by the tart hints of hibiscus.

### **Lychee and Strawberry**

£7.50

An elegant and well-rounded green tea containing a medley of strawberries and lychees. The well-known flavour of green Sencha tea combines smoothly with a fruity sweetness and a soft flowery undertones, finished by the mellow notes of strawberries.

## ROOIBOS TEAS

### **Rooibos (organic)**

£5.50

Rooibos originates from South Africa, where it has been appreciated for many generations. This high grade, organic red tea is characterized by a bright red cup and a creamy sweetness with a fruity aftertaste. A caffeine-free alternative to tea, rooibos is also packed with minerals and vitamins.