



AFTERNOON TEA
IN THE BELMONT ROOM



**Please inform your server if you have any allergies, intolerances
or dietary requirements we need to be aware of.**

***(V) suitable for vegetarians *(Ve) suitable for vegans and vegetarians**

Please be aware that due to the open plan nature of our kitchens we are unable to guarantee a complete absence of gluten, however; we do offer dishes and products that are made with non-gluten containing ingredients. Please ask for our NGCI menu if you wish to view these. In our Craft Bakery products are made where nuts, gluten, sesame seeds, milk, eggs, mustard and soya are used, so may contain traces. Some of our products may also contain traces of peanut due to ingredients from our suppliers.



» Welcome «

Welcome to Afternoon Tea in the Belmont Room, York.

This room was commissioned by our founder, Frederick Belmont, after he'd travelled on the maiden voyage of the Queen Mary luxury liner in 1936.

He was so taken with the ship's beautiful interiors that he recruited the same craftsmen who'd created them to work on his newest Tea Rooms in York.

The Belmont Room today is a note-perfect restoration of the original design, complete with some of the Spindler marquetry pictures that Frederick hung in his study at home.

Frederick dreamed of a café where the treats would always be dainty, the setting would always be beautiful, and the welcome would always be warm.

We hope you find his dream alive today.



»» Afternoon Tea ««

SANDWICH SELECTION

Smoked salmon, prawn and garlic & saffron mayonnaise

Dill cream cheese with gin-pickled cucumber & capers

Kit Calvert Wensleydale with onion chutney

Yorkshire chicken with tarragon & lemon mayonnaise

SCONES

One lemon & poppyseed and one plain miniature scone
with strawberry preserve and clotted cream.

MINIATURE CAKE SELECTION

Caramel & chocolate pillow

Passion fruit & lemon macaroon

Apple & vanilla custard tart

1426 kcal £39.95



Pink Champagne Afternoon Tea

Afternoon Tea with a glass of Collet Rosé Champagne
(12.5% vol. 125ml Glass).

£47.95

Prosecco Afternoon Tea

Afternoon Tea with a glass of Valdobbiadene Prosecco Superiore
(11.5% vol. 125ml Glass).

£44.95

If you would prefer a vegetarian or vegan selection, please let us know.

Adults need around 2000 kcal a day.



❖ Little Rascal Menu ❖

Smaller portions for younger diners.

Sandwiches

Cheddar Cheese & Cucumber (V) 461 kcal £5

Egg Mayonnaise (V) 338 kcal £5

Ham 296 kcal £5.50

Yorkshire Chicken 307 kcal £5.50

Served in your choice of malted grain, wholemeal or white bread.

Biscuits & Fancies

Fondant Fancy (V) 321 kcal £3.75

Caramel Slice (V) 270 kcal £3.25

Sultana Scone (V) 392 kcal £3.50

Drinks

Small Fresh Orange Juice (V) 64 kcal £3

Small Traditionally Pressed Apple Juice (Ve)
69 kcal £3

Chilled Milk (V) 89 kcal £2.25



Teas

Finest quality leaf tea served in a teapot for one,
with milk or lemon.

Betty's Afternoon Tea Blend (Ve)

Exclusive to Betty's, this distinctively flavoured blend brings together the best of India's golden tips of Assam and the delicate floral notes of Darjeeling. *0 kcal*

Betty's Tea Room Blend (Ve)

Our traditional rich blend of top class
African and Assam teas. *0 kcal*

Earl Grey (Ve)

A refreshing, refined blend, delicately scented with oil of bergamot. *0 kcal*

Golden Valley Darjeeling (Ve)

A Darjeeling whose flowery delicacy derives from the high elevation of the misty and picturesque Himalayan Golden Valley. *0 kcal*

Golden Tipped Assam (Ve)

A tea selected from the very best estates on the banks of the Brahmaputra River in Assam, north-east India. This rich blend makes an invigorating cup to savour. *0 kcal*

Ceylon Blue Sapphire (Ve)

Deliciously smooth black tea with a honeyed character, decorated with blue cornflower petals to represent Sri Lanka's famous sapphires. *0 kcal*

China Rose Petal (Ve)

One of the loveliest China teas, layered with fragrant rose petals, believed to keep mind, body and spirit in perfect harmony. *0 kcal*

Jasmine Blossom (Ve)

This high quality green tea is infused with jasmine blossoms to create a light, delicate and aromatic tea, best enjoyed without milk. *0 kcal*



Single Estate Rwandan Gisovu (Ve)

We have been buying teas from this lovely tea garden for over 35 years.
Deliciously crisp and refreshing with a rich golden colour, this really
is one of the world's finest black teas. *0 kcal*

Pi Lo Chun Green Tea (Ve)

Meaning 'spring green snail', a reference to the distinctive spiral-shaped leaves,
this famous green China tea has a light, floral character. *0 kcal*

Yu Luo White Tea (Ve)

An exquisite Chinese tea made from just the delicate white buds that first
appear when the tea bush 'awakens' after winter. *0 kcal*

Lemongrass & Ginger Tisane (Ve)

A delicious, refreshing infusion of rosehips, lemongrass, hibiscus and ginger
that's naturally caffeine-free. *0 kcal*

Peppermint Tisane (Ve)

A 'pick-me-up' herbal infusion of pure peppermint. *0 kcal*

☛ Coffee ☛

Freshly ground coffee served with hot milk or cream.

Bettys Café Blend (Ve)

A blend of top class Kenyan, Central American and
South American coffees. Medium roasted. *0 kcal*

*Decaffeinated tea, coffee, soya or oat milk are available on request.
For further calorie (kcal) information regarding alternative milks
please speak to a member of staff.*

Adults need around 2000 kcal a day.



❖ Drinks ❖

Wines

House White Wine (Ve)

Crisp, dry and fruity Fendant de Sion from Chasselas vines. 12.5% vol.

£6.95 (175ml Glass) £27.95 (Bottle)

House Red Wine (Ve)

Full bodied Clos Du Château with fruity and peppery notes. From Pinot Noir and Merlot vines. 13.5% vol. £6.95 (175ml Glass) £27.95 (Bottle)

House Rosé Wine (Ve)

A refreshing Sortilège from Pinot Noir vines. 13.5% vol.

£6.95 (175ml Glass) £27.95 (Bottle)

Champagnes & Prosecco

Collet Brut Champagne (Ve)

Fresh and soft with delicate notes of pear, apple and candied lemon zest.

12.5% vol. £9.50 (125ml Glass) £54.95 (75cl Bottle)

Collet Rosé Champagne (Ve)

Velvety and supple with hints of mulberry, blackcurrant and peach. 12.5% vol.

£9.95 (125ml Glass) £56.95 (75cl Bottle)

Valdobbiadene Prosecco Superiore (Ve)

Fruity and dry organic Prosecco with soft aromas of apple, fennel and acacia blossom. 11.5% vol.

£6.95 (125ml Glass) £29.95 (75cl Bottle)

Where wines and spirits are sold by the glass, the measures are 175ml and 50ml respectively. If you would prefer 125ml (wine) or 25ml (spirits), please ask.



Gin

Gin & Tonic (Ve)

Premium Gin 43% vol. £8.50 (50ml)

Gooseberry Gin 43% vol. £8.50 (50ml)

Made locally by Harrogate Tipple in Ripley using fresh botanicals and Harrogate Spring Water. Mixed to taste with your choice of Fever-Tree Tonic, Tonic Light or Mediterranean Tonic.

Ales & Lagers

Timothy Taylor's Landlord (Ve)

A classic strong pale ale, Landlord has won more awards nationally than any other beer. Has a complex aroma and a flavour full of hops and sweetness.

4.1% vol. £5.65 (500ml Bottle)

Cold Bath Pilsner (Ve)

Brewed using a malt base blended with our Yorkshire Cobble loaves, this Pilsner has a deep, rich flavour with strong notes of bread and caramel.

5.2% vol. £5.45 (330ml Bottle)

Soft Drinks

Fresh Orange Juice (V)

131 kcal £4.50

Traditionally Pressed

Apple Juice (Ve) 138 kcal £4.50

Bettys Lemonade (V)

120 kcal £4.50

Elderflower Bubbly (Ve)

166 kcal £4.50

Sparkling Apple (Ve)

108 kcal £4.50

Still or Sparkling Water

(Ve) 0 kcal £3.75 (330ml)

0 kcal £5.75 (750ml)

Fever-Tree Tonic (Ve)

71 kcal £3.75

Fever-Tree Tonic Light

(Ve) 30 kcal £3.75

Organic Ginger Beer

(Ve) 89 kcal £4.50

Coca-Cola (Ve) 140 kcal £3.75

Diet Coke (Ve) 0 kcal £3.50

Alcoholic drinks may be served only in licensing hours to customers over 18 taking a meal.
Alcohol strengths may vary with vintages.



❧ Shop from your table ❧

A selection of treats from our shop are available to take away
– ask your waitress or waiter for prices and details.

Yorkshire Fat Rascal Scones

We've been making Yorkshire Fat Rascal scones for nearly 40 years
and these plump, fruity fellows are still a Betty's favourite.

(Box of 4) 2799 kcal serves 4

Yorkshire Curd Tarts

Sweet, all-butter pastry tarts filled with curd cheese, butter, currants
and nutmeg and a touch of lemon curd.

(Box of 4) 2319 kcal serves 4

Vanilla Slice

Flaky puff pastry layered with raspberry preserve and
fresh cream vanilla custard. 445 kcal

Fondant Fancies

Genoise sponge cake sandwiched with buttercream and raspberry preserve,
covered with a layer of soft marzipan and then coated in ivory fondant.

(Box of 4) 1284 kcal serves 4 • (Box of 9) 2889 kcal serves 9

Macaroons

Light and dainty, with a crisp shell and a soft, yielding centre, our macaroons
are made in the time-honoured way at our Craft Bakery.

(Box of 6) 388kcal serves 6

Florentines

Deliciously rich and chewy Florentines. *(Box of 12)*

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Bettys Tea Room Blend

This rich, fragrant tea is the blend we serve every day in our Café Tea Rooms. *(80 Tea Bags)*

Yorkshire Treats Gift Tin

- Bettys Cake Tin • Yorkshire Fruit Cake Portion
 - Yorkshire Shortbread Box
- Bettys Tea Room Blend *(80 Tea Bags)*

Tea & Biscuits Gift Bag

- Bettys Tea Room Blend *(80 Tea Bags)*
 - Yorkshire Shortbread Box

Bettys Café Classic Gift Bag

- Bettys Embroidered Gift Bag
- Bettys Tea Room Blend *(80 Tea Bags)*
 - Bettys Café Blend Coffee
 - Milk Chocolate Guinea
- Chocolate & Orange Biscuit Box



Find out more about the Betty's treats that you can shop from your table: visit www.bettys.co.uk/shop-at-table or scan the QR code.



We want your time at Betty's to feel like an escape from the real world. That's why we kindly request that our guests mute their electronic devices and refrain from making or taking calls in our Café Tea Rooms.