



DEVOTED TO TEA

AT HOPE AND GLORY, WE BELIEVE THAT EVERY SIP OF TEA SHOULD BE A MOMENT OF PURE DELIGHT. OUR PASSION FOR TEA DRIVES US TO SOURCE THE FINEST LEAVES FROM AROUND THE WORLD, ENSURING THAT EACH CUP IS A JOURNEY OF EXCEPTIONAL FLAVOUR AND QUALITY.

## TEA SELECTION

### DELICATE COLLECTION

Light and Aromatic

#### ORGANIC JASMINE PEARLS

A classic green tea; this organic, floral blend is scented with the clean, delicate scent of jasmine.

#### ORGANIC LAPSANG SOUCHONG

A rare, all-organic, smoky Lapsang Souchong single estate tea, originating from China - with deep aromas, flavours and a sparkling liquor.

#### ORGANIC CHAQUOING GREEN

A mellow, classic, organic green tea from a single state origin. Chinese green tea in Sri Lanka, known for some of the best green teas in the world, producing an attractive bright, clear liquor. Brewed best in a glass teapot.

#### ORGANIC MILKY OOLONG

A rare organic luxury grade Milky Oolong tea with a velvety smooth, rich palate. Sourced from a Chinese tea garden.

#### ORGANIC DARJEELING

A 2nd flush, light and delicate, organic black tea, known as the Champagne of Teas. Best enjoyed without milk.

#### ORGANIC RELAX TEA

A 100% organic Chaquoing green tea and infusion blend that has been carefully created for its delicate and healthy tones.

### NURTURING COLLECTION

Soothing and Gentle

#### ORGANIC ROOIBOS

Derives from the finest organic leaves of the Rooibos or Red Bush plant in the Cederburg mountains of South Africa.

### CLASSIC COLLECTION

Robust and Strong

#### ORGANIC ENGLISH BREAKFAST

A lively, full-bodied blend of two single estate teas from 2<sup>nd</sup> flush Assam and Ceylon organic black teas.

#### ORGANIC 2<sup>ND</sup> FLUSH ASSAM

A 2nd flush, full-bodied, organic black tea sourced from the Assam region of north east India.

### SIGNATURE COLLECTION

Zingy and Delicious


#### ORGANIC MASALA CHAI


A full-bodied blend of organic Ceylon black tea and spices. Masala Chai derives from the Hindi literally meaning 'mixed-spice tea'.

#### ORGANIC VANILLA CHAI

A signature Chai recipe unique to Hope & Glory® - blending the ingredients of our award-winning Organic Masala Chai with natural vanilla to create a sweet, spicy fragrant tea experience. Try it the traditional Indian way - brewed in a pan with milk and water.

## METROPOLE AFTERNOON TEA £ 32

FRESHLY MADE SANDWICHES FILLED WITH  
SMOKED SALMON CREAM CHEESE AND CUCUMBER, BROWN BREAD  
235.7 KCAL / 0.52KG CO<sub>2</sub>E D  **0.52**  
kg CO<sub>2</sub>e  
(GLUTEN FREE BROWN BREAD AVAILABLE)

OPEN CORONATION CHICKEN ON CIABATTA  
104.1 KCAL / 0.49KG CO<sub>2</sub>E D  **0.49**  
kg CO<sub>2</sub>e  
(GLUTEN FREE CIABATTA AVAILABLE)

MATURE CHEDDAR AND TOMATO CHUTNEY, WHITE BREAD  
212.4 KCAL / 0.15KG CO<sub>2</sub>E B (VEGAN CHEESE AVAILABLE)  **0.49**  
kg CO<sub>2</sub>e  
(GLUTEN FREE WHITE BREAD AVAILABLE)

### SAVORIES

HUMMUS AND ROASTED VEGETABLES WRAP  
77.4 KCAL / 0.08KG CO<sub>2</sub>E A  **0.08**  
kg CO<sub>2</sub>e

EMMENTAL AND HAM CROWN PUFF  
94.2 KCAL / 0.14KG CO<sub>2</sub>E C  **0.14**  
kg CO<sub>2</sub>e


### HOMEMADE SCONES

BUTTERMILK SULTANA AND PLAIN SCONES  
(GLUTEN FREE & VEGAN AVAILABLE)  
188 KCAL / 0.17KG CO<sub>2</sub>E B  **0.17**  
kg CO<sub>2</sub>e

WITH CLOTTED CREAM  
17.07 KCAL / 0.15KG CO<sub>2</sub>E D  **0.15**  
kg CO<sub>2</sub>e

TIP TREE STRAWBERRY JAM  
75.6 KCAL / 0.04KG CO<sub>2</sub>E A  **0.04**  
kg CO<sub>2</sub>e

### MINI CAKE & PASTRIES

LEMON MERINGUE TART 248.5 KCAL / 0.05KG CO<sub>2</sub>E C  **0.05**  
kg CO<sub>2</sub>e

MACAROONS 80 KCAL / 0.1KG CO<sub>2</sub>E C  **0.10**  
kg CO<sub>2</sub>e

CHOCOLATE DELICE 307.5 KCAL / 0.01KG CO<sub>2</sub>E C  **0.14**  
kg CO<sub>2</sub>e

MINI BERRY CHEESECAKE 254 KCAL / 0.7 CO<sub>2</sub>E C  **0.07**  
kg CO<sub>2</sub>e

All produce is prepared in an area where allergens are present. For those with allergies, intolerances, and special dietary requirements who may wish to know about the ingredients used, please ask a member of the Management Team. A discretionary service charge (12.5%) will be added to your bill. All prices are in pounds sterling and inclusive of VAT at the prevailing rate.



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CHAMPAGNE SELECTION

**POMMERY BRUT ROYAL**

£77.00 BOTTLE

£15 GLASS

LIVELY REFRESHING AND VIVACIOUS WITH LOVELY  
CITRUS AND APPLE FRUIT CHARACTER

**POMMERY BRUT ROSE ROYAL**

£83.00 BOTTLE

£16.30 GLASS

DELIGHTFULLY SOFT, ROMANTIC AND REFRESHING  
WITH GENTLE, CARESSING RED FRUIT

**CHAPEL DOWN ENGLISH SPARKLING WINE BRUT**

£63.00 BOTTLE

£11.00 GLASS

CHAPEL DOWN BRUT IS A CRISP, FRESH AND ELEGANT ENGLISH SPARKLING  
WINE WITH NOTES OF APPLE, CITRUS AND STRAWBERRY

**PROSECCO BACO DI SETA**

£40.00 BOTTLE

£9.00 GLASS

CRISP FRUITY AND DRY WITH CITRUS BLOSSOM,  
GREEN APPLE, HONEY & PEAR FLAVOUR



METROPOLE  
AFTERNOON TEA

MENU

