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AT THE ATHENAEUM

Afternoon Tea

Afternoon tea reimagined. Inspired by Fondant Fancies, the natural beauty of our Living Wall and nearby Royal Parks, this is a quintessentially British experience. Afternoon tea, The Athenaeum way.

Selection of Sandwiches

Cured Coppa Ham, Toasted Mini Brioche (M, GL, MI, E, SO, S)
Traditional Coronation Chicken (GL, MI, E, P, N, M, S)
John Ross Smoked Salmon (GL, F, E M, S)
Free Range Eggs Mayonnaise on Spinach Bread (GL, E, MI, SO, L, N, M, S)

Scones

Plain and Raisin Scones (GL, E, MI, C, S)
Raspberry Jam
Strawberry Jam
Clotted Cream (MI)

Homemade Cakes, Pastries and Sweets

Raspberry Cheesecake (GL, E, MI)
Strawberry Pannacotta (GL, E MI)
Chocolate Sensation (GL, MIL, SO, E)
Chocolate Mouse Blueberry Insert (GL, MI, SO, E)

Afternoon Tea

£60 per person

Add a glass of:

Gusbourne NV English Sparkling	£17
Gusbourne NV English Sparkling Rosé	£19
Taittinger NV Champagne	£21
Free-Flowing Prosecco (90 min)	£20

Tea Blending Trolley

A unique blending experience that features a signature cocktail and tea blending trolley, all of which will follow nature's changing cues. Trained by Master Tea Blender Alex Probyn, our team guide you in exploring 45 bespoke ingredients – including English-grown tea from Cornwall by Tregothnan, and seasonal botanicals. After a few thoughtful questions, your perfect blend will be revealed. Afternoon Tea £75 per person includes the Blending Experience

ALLERGENS KEY

C-CELERY | CR-CRUSTACEAN | E-EGG | F-FISH | GL-GLUTEN | MI-MILK | MO-MOLLUSCS | M-MUSTARD | N-NUTS | SE-SESAME | SO-SOY | S -SULPHITES | P-PEANUTS | L -LUPIN

If you have any allergies or dietary requirements and require assistance in choosing a suitable dish, please let us know. All prices are inclusive of VAT. An optional 13.5% service charge will be applied to food and drink. Please note we are a cash free business

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Artisan Teas & Infusions

BLACK TEAS

Tregothnan Classic English Breakfast
The first tea grown in England, Tregothnan's Classic English Breakfast is made with tea leaves hand-plucked from beautiful gardens in Cornwall that are blended with the finest Assam. The perfect brew for any time of day.

Afternoon Tea
Light and exotic blend of unique hand-plucked leaves from Tregothnan's Cornish estate with the finest tea from Darjeeling (Tregothnan's twin). Afternoon Tea is delicately refreshing with invigorating citrus notes.

Earl Grey
Named after the 2nd Earl Grey (a previous Prime Minister), this blend English & Assam tea leaves is scented with the oil of the bergamot citrus fruit. Perfumed and rich, it can be enjoyed with milk or lemon.

Lapsang Souchong
A distinctly smoky tea, its unique taste is created by carefully withering the leaves over smoking, fragrant Chinese wood, then drying the tea in bamboo baskets over burning pine. Lapsang Souchong is the Marmite of the tea world... but love it or hate it you won't find anything else quite like it.

Lavender Black

EMELYNE'S BLEND

A delightful Gen Mai Cha (Japanese Sencha) based with notes of Popcorn, Coconut and Ginger Flavour. This aromatic blend perfectly captures the essence of an early spring, Emelyne recommends adding a single sugar.

BOTANICAL INFUSION

Peppermint
A wonderfully invigora Ting spearmint tea that is highly scented and known to aid digestion.

Red Berry
A delicious fruit tisane that includes strawberries and raspberries from Kent and apples Cornish orchards.

Chamomile Flower
Whole chamomile flowers give an elegant and soothing tea known for its relaxing properties.

Lemon Verbena
Also known as verveine, lemon verbena has notes of citrus & lemongrass and Is know to aid digestion and relaxation.

Manuka
Grown exclusively at Tregothnan since it was first introduced from New Zealand in the 1800s, Manuka has a distinctively sweet spicy flavour.

Rooibos
Rooibos or 'Red Bush' is a South African tisane traditionally made from the leaves of the flowering shrub, Aspalathus linearis. With a multitude of health benefits, Rooibos is a delicious caffeine-free alternative to traditional teas.

GREEN & WHITE TEAS

Pai Mu Tan
Slightly richer than other white teas, Pai Mu Tan is nonetheless a light-bodied, fragrant and mellow tea with fruity and grassy aromas.

Tregothnan Green
Rich in health benefits, the process of creating green teas varies from black as oxidisation is replaced by steaming so the fresh leaves retain their natural green colour and nutrients.

Jasmine
Green tea leaves are lightly oxidised and blended with jasmine flowers for a delicate and perfumed cup.

HOUSE-BLENDED WELLNESS INFUSION

Blue-tea-ful
This anti-oxidant powerhouse blends the butterfly pea flower with blue mallow flowers, lemongrass and vitamin-rich super berries.

Energise
Gingko is brilliant at improving brain function and rosemary helps to increase focus – blended with green tea, a touch of black pepper, chilli & cinnamon to light the fire.

Renew
Green tea is combined with lemon, rose, lemon balm & jasmine blossom,in this soul-inspiring blend.

Rosy Glow
A natural boost for skin and hair that combines anti-ageing superstars rose, marigold & hibiscus with sweet strawberry and apple.

Bliss
A blend of soothing chamomile, linden blossom, passion flower, lavender & safflower to ease tension and restore calm.

Refresh
Cooling mint, sweet fennel, lemon verbena and nettle help to aid digestion and restore vitality.

COFFEE

Espresso / Double Espresso / Americano

Cappuccino / Latte

Turmeric Latte / Beetroot Latte /
Matcha Latte

Hot Chocolate

All made with full fat milk as standard.

MILK CHOICES

Full Fat, Skinny, Almond, Coconut, Oat, Soy