

# WELCOME TO THE PALM COURT

Sir Bracewell Smith is renowned to have built The Park Lane Hotel in 1927. He oversaw some ingenious building techniques, from the ground-breaking internal steel structure of the hotel, nicknamed "the birdcage", to the state-of-the-art whitening system for the façade.

Step back in history to the Roaring 20s with original Art Deco features and savour our delicious Afternoon Tea featuring intrinsically designed pastries and delectable savoury treats inspired by the 1920s, with a contemporary twist.



## AFTERNOON TEA A Brief History

Afternoon Tea is recognised around the world as a quintessentially British tradition. The exact origins of the Afternoon Tea are unknown, but one lady features predominantly in all theories; born in 1783, Anna, Seventh Duchess of Bedford, lady-in-waiting to Her Majesty, Queen Victoria.

Traditionally, dinner was not served until 8:30pm or
9:00pm in the evening and the Duchess often became hungry, especially in the summer when dinner was served even later. Every afternoon, she experienced a "sinking feeling" and requested sandwiches and cakes between 3pm and 4pm in the afternoon.

Soon others followed the Duchess' lead. In 1842, a well known actress named Fanny Kemble heard of Afternoon Tea, and began to invite some guests to join her. Soon all of fashionable London was sipping tea with a variety of sandwiches on the side. The custom of "taking tea" in the afternoon had become well established, along with a complex set of rules and etiquette.

Afternoon Tea prices are subject to change for seasonal menus. All prices are inclusive of VAT. A discretionary 12.5% Service charge will be added to your bill.

# **CHAMPAGNES and WINE**

	Glass	Bottle
BRUT	125ml	750ml
Pommery Brut Royal, NV	20.00	95.00
R de Ruinart Brut, NV		140.00
Veuve Clicquot Yellow Label, NV		110.00
ROSÉ BRUT		
Moët and Chandon Imperial Rosé, NV	21.00	110.00
Perrier-Jouet Blason Rosé Brut		120.00
R de Ruinart Brut Rosé, NV		135.00
PREMIUMS		
Ruinart Blanc de Blancs Notes of ripe citrus balanced light bitterness of citron and white grapefruit	35.00	180.00
Bollinger Special Cuvée Brut NV A full-bodied bubbly with rich fruit and creaminess		200.00
Cuvée Louise Pommery 2006 Vintage Champagne Pure and extremely linear and lively. Sophisticated and thought-provoking		280.00
<b>Dom Pérignon</b> Aromas of classic toasted notes that provide a rounded finish		350.00
Louis Roederer Cristal Elegance and purity, champagne at its finest		410.00
Krug Grande Cuvée, NV The palate is dominated by honey and nuts with graceful acidity and a long fir	nish	380.00
SPARKLING WINE		
Louis Pommery Rosé, England	<b>15</b> .00	75.00

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75.00

## PALM COURT WINTER AFTERNOON TEA

### **CLASSIC SANDWICH SELECTION**

Clarence Court Free Range Egg Mayonnaise, Mustard Cress [g] [sd] [mu] [e] [m] Prawn Salad, Cocktail Sauce [g] [cr] [m] [e] [mu] Honey Roast Gammon, English Mustard, Sun Blushed Tomato, Rocket [g] [mu] [sd] [e]

Pickled Cucumber & Lime Cream Cheese [g] [m] [sd] [e]

### SELECTION OF FRESHLY BAKED SCONES

Selection of Plain & Golden Raisin Scones served with homemade seasonal preserves & Cornish Clotted Cream [e] [m] [g] [sd]

#### **SELECTION OF FINE PASTRIES**

Blackcurrant, Quince and Chestnut Tart [tr] [m] [g] [e] [s] Salted Caramel Éclair [tr] [g] [m] [e] [s] Dark Chocolate & Cranberry Mousse [s] [e] [m] Lemon & Stem Ginger Opera [g] [m] [e] [s] [tr]

#### Afternoon Tea

with Luis Pommery / Luis Pommery Rose

with Pommery Brut / Ruinart Blanc De Blancs

with Saicho Sparking Tea (Darjeeling, Jasmine, Hojica) 65.00 per person 80.00 per person 85.00 / 95.00 per person 75.00 per person

Allergens:

[p] Peanuts, [tr] Treenuts, [l] Lupin, [m] Milk, [e] Eggs, [f] Fish, [mo] Molluscs, [cr] Crustaceans, [s] Soya,
 [g] Gluten, [ss] Sesame Seeds, [c] Celery, [mu] Mustard, [sd] Sulphur Dioxide

We always endeavour to manage the unintentional presence of allergens through potential cross-contact; however, we cannot guarantee that any of our foods are allergen-free or suitable for those with allergies. Please speak with our trained staff about allergens.

## VEGETARIAN PALM COURT WINTER AFTERNOON TEA

### **CLASSIC SANDWICH SELECTION**

Clarence Court, Free Range Egg Mayonnaise, Mustard Cress [g] [sd] [mu] [e] [m] Pickled Cucumber & Lime Cream Cheese [g] [m] [sd] [e] Baked Sweet Potato, Olive, Feta, Lemon Crème fraiche [g] [m] [sd] [mu] Sundried Tomato Hummus, Roasted Piquillo Peppers [g] [se] [sd] [mu]

### SELECTION OF FRESHLY BAKED SCONES

Selection of Plain & Golden Raisin Scones served with homemade seasonal preserves & Cornish Clotted Cream [e] [m] [g] [sd]

### **SELECTION OF FINE PASTRIES**

Blackcurrant, Quince and Chestnut Tart [tr] [m] [g] [e] [s] Salted Caramel Éclair [tr] [g] [m] [e] [s] Dark Chocolate & Cranberry Mousse [s] [e] [m] Lemon & Stem Ginger Opera [g] [m] [e] [s] [tr]

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## Fine and rare teas

The Sheraton Grand London Park Lane is proud and excited to partner with The Exotic Tea Company. The Exotic Tea Company is an exclusive tea brand specialising in single garden and bespoke tisanes. We are introducing a refined pallet of the rarest blends, sourced and produced from the highest quality tea gardens from around the world.

## **Black teas**

#### Sheraton English Breakfast Tea

English Breakfast Tea is a bright, poignant, rich, malty, peak season quality belt garden full body orthodox leaf tea. Delicately grown and harvested in the beautiful picturesque, Assam.

#### Darjeeling Tea

Experience apricot, stone fruits and a fullish liquor in this peak 2nd flush period Darjeeling. Created on an historic and premier West Bengal tea estate established in the early 1800's, taste the very highest grade of tea, a fine tippy golden flowery orange pekoe.

#### Lapsang Souchong

Born in 1800's, this historic tea is a smoked black tea which originates from the Wuyi Mountains in the Fujian Province, China. It's empyreumatic notes, including wood smoke, pine resin, smoked paprika, and dried longan make it an invigorating tea.

## **Oolong**

#### Oolong Tea

A well roasted, dark and rich tea with a malty aroma. It compliments a robust mix of richness, a buttery body, sweet and toasty hues. A diverse and characterful tea.

## **Green teas**

#### Jasmine Pearls

Tiny marble looking pearls with intertwining streaks of jade green and pearl white unfurl like pretty blossoms. Individually hand rolled with love to absolute excellence and engulfed with jasmine flowers to give you an enchanting, floral array of sweet, fragrant jasmine.

#### Japanese Sencha

A classic, rich green tea. Born in the early 1700's, this eternal green tea is steamed and rolled to perfection thus enriching the pallet with grassy and light notes of sweet, buttery freshness.

## White teas

#### Silver Needle

An incredibly rare and labour-intensive creation. This enchanting tea is made out of tea buds and gently hand rolled. Its mild liquor character with pale yellow and orange hues, makes each sip so very special.

#### Mango White Tea

A smooth and fruity white tea flattered by exotic mango, complimented by the bright colours of the sun kissed marigold. This tea blend indulges the senses in a charming way.



## **Black teas**

### Earl Grey Tea

Named after British Prime Minster Charles Grey, the iconic earl grey blend is infused with bergamot oil and sweet marigold for a quintessentially English taste.

#### Assam Tea

Born in the warmest of climates, encompassed with deep humidity and wet conditions in one of the largest tea growing regions in the world, Assam. This peak flush Assam is highly malty, earthy, invigorating and smoky.

#### Maharaja Chai

A deep black tea base along with cinnamon, cardamom and ginger lead the sensory journey that begins with the first aroma of this robust chai. A hearty and warm experience conjuring up the centuries old famous 'Spice Route' of India.

#### Passion Fruit Black Tea

A naturally sweet and tropical pallet of sensational passion fruit, a strong Assam base with light floral notes makes this luxurious blend, delicious.

### Sweet Ginger Peach Tea

This luxurious blend is fuelled with the mix of Ceylon and Assam Tea complimented beautifully with Peach and Ginger. A true tale of an aromatic and sensory experience.

#### Chocolate Chilli Black Tea

A tempting blend of rich black tea infused with warming chilli and creamy cocoa. Sprinkled with decadent safflower petals

#### Rhubarb & Cream Black Tea

A truly distinguished cup introducing the fresh taste of rhubarband a delightful touch of sweet cream.

#### Berry Tea

An exotic heaven of black Assam tea mixed with rosehips and engulfed with the fresh flavours of red fruits.

### Decaffeinated TEA

A delicious smooth black tea high grown east of the great rift in Kenya. Packed with rich and bright flavour notes.

## **Green teas**

#### Mao Jian Green Tea

A delightfully fresh, smooth, sappy, buttery, light, aromatic blend complimented with sweet floral notes. This sensational pallet of flavours results in to a beautifully bright champagne coloured liquor. A truly elegant, clean and grand experience.

### Tropical Green Tea

A tropical, floral and luxurious green tea with tasty filled tones and subtle hints of pineapple and marigold leave you feeling light and in absolute appreciation.

## **Botanical infusions**

#### Rooibos Long Cut

A mellow, hearty reminiscence of sweet honey tasting indulgence with hints of fruity and floral undertones. A truly rich infusion of flavours and an unparalleled authenticity and tribute towards its glorious motherland, South Africa.

#### Chamomile Tea

A beautifully floral and silky herbal tea filled with a soothing aroma. Complimented by gentle notes of light hay and apple, this naturally mellow and delicate caffeine free tea is championed with an underlying sweetness in each sip.

#### Whole Leaf Peppermint Tea

Made from the most luxurious and freshest mint leaves in Egypt. An extremely soothing, relaxing and delightful tea which will leave you energised.

#### Lemongrass and Ginger Tea

A perfect balance of sophisticated citrus and warming spice, this refreshing lemongrass and ginger with orange peel is calming, sweet and inviting.

#### Rose Bud Tea

A very gentle, floral, light and delicate tea. It almost whispers its brilliance via its luxurious rose fragrance, sweet aroma and perfectly formed rose buds from the incredible north of India. I am a beautiful tea.



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