



# *Spring*

- Afternoon Tea Menu -



# Made with Love...

Embrace the blooming charm of spring with a delightful spread celebrating the season's freshest flavours. Indulge in the exquisite taste of delicate pastries and expertly crafted sandwiches bursting with spring's essence.

Afternoon Tea at Meridian Lounge is a cherished tradition among both travelers and locals, offering a precious moment to pause, reflect, and savour the ever-changing beauty of spring along the banks of the River Thames.

Our delectable offerings are prepared daily by our Executive Pastry Chef, Amit Arya, and his dedicated team. Chef Amit, who has served as a guest judge and pastry expert alongside Kirstie Allsopp on Channel 4's 'Kirstie's Handmade Christmas' in 2021 and 2022, and pours his passion and creativity into every aspect of his work. This season's Spring Afternoon Tea is a testament to our pastry team's dedication and creativity.



# Afternoon Tea

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Classic Afternoon Tea with unlimited fragrant tea and coffee selection: £52

Champagne Afternoon Tea accompanied by a glass of Lanson Brut: £71

Rosé Champagne Afternoon Tea accompanied by a glass of Lanson Rosé: £74

Sparkling Afternoon Tea accompanied by a glass of Rathfinny Brut: £65

Cream Tea (Hot Scones, Jam, Cream) Hot Drink : £15.00

# Sandwiches

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Hot Smoked Salmon, Preserved Lemons, on Dill and Basil Bread  
(Gluten, Fish, Dairy) (kCal 232)

Classic Cucumber, Mint and Chives Cream Cheese on Pain De Mie  
(Gluten, Dairy) (kCal 175)

Pastrami, Sweet Pickle Gherkins, Wholegrain Mustard Mayo on Malted Bread  
(Gluten, Dairy, Mustard, Sulphur Dioxide)(kCal 239)

Cornish Camembert Cheese, Star Annis Pear Chutney on Mini Brioche Bread  
(Dairy, Gluten, Sulphur Dioxide) (kCal 256)

Peas, Green Asparagus, Smoked Cheese Mini Quiche  
(Gluten, Egg, Dairy, Soya)(kCal 173)

# Desserts

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Redberry, Thyme and Yuzu Cake  
(Egg, dairy, Gluten, Soya)(kCal 135)

Alphonso Mango and Coconut Tart  
(Egg, dairy, Gluten)(kCal 543)

72 Percent Dark Chocolate Salted Caramel Cube  
(Egg, Dairy, Gluten, Soya)(kCal 238)

Pistachio And Passion Fruit Delice  
(Egg, Dairy, Soya, Nuts)(kCal 263)

Fruit And Plain Scones with Strawberry Elderflower Preserve and Cornish Clotted Cream  
(Egg, Dairy, Gluten)(kCal 113)



Kindly advise your server should you have any food allergies or dietary requirements.  
Please note that a discretionary service charge of 12.5% will be added to your bill.  
All prices are inclusive of VAT at a prevailing rate.

# Black Teas

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## Assam Breakfast – Assam India

The ultimate single origin breakfast tea. Expertly blended from Assam's finest tea gardens for a strong and true expression of Assam character - amazingly rich and malty. Assam Breakfast perfect to drink in the morning can be enjoyed at any time of day. Pairs perfectly with sweet or savoury dishes.

## Earl Grey – Ruhuna, Sri Lanka

Our unique recipe was selected by Michelin-starred chefs: a rich Ceylon black tea base, uplifted with the citrus notes of the highest quality bergamot. Earl Grey perfect for an afternoon of relaxation and contemplation. The bergamot is a perfect accompaniment to citrus flavoured cakes.

## Organic Darjeeling 2nd Flush – Barnesbeg, Okayti & Pussimbing Estates, Darjeeling, India

Grown in the foothills of the Himalayas this tea encapsulates the freshness of the Darjeeling hills, thick with lush vegetation, and the warm summer season. A highly aromatic tea with grape sweetness, toasted hay and hop notes – the perfect afternoon pick me up. Organic Darjeeling 2nd Flush perfectly paired with fruit or plain scones with lashings of cream and jam but also for savoury sandwiches.

## Vanilla Black – Ruhuna, Sri Lanka

A harmonious pairing of robust black tea and sweet vanilla essence. The rich, full-bodied base of low-grown Ceylon tea is lifted by an intense, creamy aroma and finishes with a smooth caramel like texture. Vanilla Black Tea perfect with fruit cake, its sweet essence enriches every sip.

## Organic Cherrywood Lapsang – Yongde Garden, Yunnan, China

Inspired by traditional lapsang from the Wuyi Mountains, our modern version combines the natural smoky notes and richness of organic Yunnan black tea with sweetly aromatic smoke from cherrywood to create an exquisitely smooth drinking experience. Organic Cherrywood Lapsang with notes of Cherry and smoke perfect for an afternoon warmer. Works wonderfully with savoury sandwiches.

## Chai – Assam, India

Inspired by the masala Chai we have enjoyed on the streets of Kolkata, we use our Assam Breakfast black tea as the base with an aromatic blend of ginger, cinnamon and cardamom for a warming and indulgent tea. Chai is perfect for an early evening comforter with its warming notes of cinnamon and cardamom. Ideal match for cakes with these flavour profiles.

## Decaffeinated Ceylon – Ruhuna, Sri Lanka

Whole leaf Ceylon tea with rich, malty and dried fruit notes. This tea is perfect for those looking to enjoy the unique taste of one of Sri Lanka's finest tea regions while avoiding caffeine. Decaffeinated Ceylon is Perfect to be enjoyed at any time of day due to it being decaffeinated.



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# Loose Leaf Green Tea:

## Organic Dragon Well – Luocun Garden, Zhejiang, China

China's most famous green tea, produced in the hills around Hangzhou's West Lake during a very short period in early spring. The young leaves are pan fired giving the tea its unique hazelnut notes along with its iconic spear-like shape. Organic Dragon Well perfect all year round with its warming nutty flavours. Pairs wonderfully with seafood dishes.

## Flowering Jasmine & Lily – Mr Lin's Garden, Fujian, China

A sappy, spring-fresh green tea from Fujian with sweet, floral jasmine and lily blossoms. The tea leaves are hand-tied with natural flowers by skilled artisans and upon infusion, the bulbs will unfurl into an enchanting display of vibrantly coloured flowers. Flowering Jasmine and Lily perfect to help with a sense of calm, watch as the leaves unfurl.

# Loose Leaf White Tea:

## Jasmine Silver Needle – Mengjiao Garden, Yunnan, China

Each downy bud is handpicked in spring in Yunnan, then simply sun-dried to create the finest Silver Needle white tea. The tea is then scented with fresh jasmine flowers from Guanxi, for five consecutive nights. For an infusion that balances the mellow freshness of pure, white tea with a sweet, fragrant jasmine aroma. Jasmine Silver Needle perfect for a fragrant afternoon escape, perfect for unwinding and savouring moments of tranquillity. A perfect marriage for citrus or fruit flavours.

## Organic Yunnan White Peony

Grown in the cool misty mountains of Yunnan, China, sets of two deep green leaves, and a downy silver bud are handpicked and simply dried slowly to produce this organic white tea. With a beautifully rounded texture the tea is full of sweet honey notes, refreshing cucumber and a fruity quality from its Yunnan terroir. Organic Yunnan White Peony embodies the essence of rejuvenation and vitality, offering a perfect respite to refresh and invigorate your senses. An ideal palate cleanser between courses



# Herbal Infusions

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## **Blackcurrant & Hibiscus – Hungary & Nigeria**

A quenching, vivaciously balanced blend of juicy whole blackcurrants, hibiscus flowers and berries. Each one is dried slowly to retain their essential oils, flavours and aromas, giving you a textured natural taste and a deeply fragrant infusion. Blackcurrant & Hibiscus perfectly paired with fruit or chocolate.

## **Lemongrass & Ginger – Thailand & Nigeria**

A clear expression of two simple, natural ingredients: real lengths of lemongrass and dried ginger, creating an invigorating and spicy blend that warms and uplifts the spirit. Lemongrass & Ginger is perfect to add a zing into your day, the ideal way to start your morning.

## **Whole Chamomile Flowers – Slavonia, Croatia**

An elegant and floral tea using the brightest whole flowers, dried slowly to retain their essential oils giving a sweet and mellow infusion. Whole Chamomile Flowers perfect soothing companion for a relaxed afternoon.

# Oolong Teas

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## **Ali Shan – Chenjia Garden, Ali Shan, Taiwan**

A buttery Taiwanese oolong tea: refreshing, sappy and with notes of strawberry and pear. An outstanding expression of high mountain oolong tea, grown in the lofty heights of one of Taiwan's most breathtaking national parks. Ali Shan perfect to sip throughout the day with its delicious notes of cream, biscuit and stone fruit. Perfect with buttery pastries.

## **Phoenix Honey Orchid – Shuangji Garden, Guangdong, China**

A dark, roasted oolong from China's majestic Phoenix mountains. The 'honey orchid' variety is crafted using one of the oldest in the region. Fragrant and complex with fruity notes of orange with vanilla and honey. Phoenix Honey Orchid perfect to drink alongside fruit-based patisserie.



# Champagne by the glass

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Lanson Pere Et Fils Brut:	Glass: £19   Bottle: £ 85
Lanson Le Rosé:	Glass: £22   Bottle: £110
Laurent-Perrier Brut:	Bottle: £100
Laurent-Perrier Rosé:	Bottle: £120

# Soft Drinks

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London Essence Tonic 200ml 28 kcal	£4.00
London Essence Ginger Ale 200ml 20 kcal	£4.00
Coke 200ml 42kcal	£4.00
Diet Coke 200ml 0.4 kcal	£4.00
Lemonade 200ml 18 kcal	£4.00
Soda Water 200ml 0 kcal	£4.00
Hildon Still, Sparkling water 330ml 0 kcal	£3.50
Hildon Still, Sparkling Water 750ml 0 kcal	£5.50



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