

A decorative border surrounds the text, featuring illustrations of oranges, grapefruit slices, and sprigs of rosemary. The oranges are whole or in halves, with green leaves. The grapefruit is shown in a half-slice, revealing its pinkish-red segments. The rosemary sprigs are green and needle-like.

MOSAIC

NOURISHING THE APPETITE

The Westin London City invites you to pause,
reconnect and indulge in a wellbeing- inspired afternoon tea.

Each bite has been thoughtfully created to reflect the therapeutic
benefits of essential oils, with flavour pairings that soothe, uplift and
restore.

The calming notes of camomile, the uplifting brightness of grapefruit,
the invigorating clarity of rosemary, each chosen not only
for their aroma and taste, but for their ability to bring
a sense of wellbeing to both body and mind.

WELLBEING AFTERNOON TEA

THE WESTIN
LONDON CITY

VEGAN WELLBEING AFTERNOON TEA

£45pp with a selection of loose-leaf JING Tea
£60pp with a 125ml glass of Taittinger Brut Champagne

Sandwiches

Grilled Peach & Plant-Based Cream Cheese; Brown Bread

Harmonises the mind and promotes healthy skin

Marinated Aubergine & Lavage Verde; White Bread

Aids digestion, anti-inflammatory, supports immunity, rich in essential nutrients

Olive Tapenade, Artichoke & Baked Tomato; Beetroot Bread

Supports heart health, aids digestion, rich in antioxidants, boosts immunity

Sundried Red Pepper, Sesame-Free Hummus; Tomato Bread

Boosts heart health, rich in antioxidants, supports immunity and skin

Vegan "Mozzarella", Plum Tomato & Basil Pesto; Wholemeal Bread

Reduces inflammation, supports digestion, boosts immunity, rich in antioxidants

Scones

Freshly Baked Plain and Citrus & Ginger Scones (gf)

served with Coconut Yogurt & Bitter Orange Marmalade

Calms & focuses the mind, aids digestion

Pâtisserie

Lavender & Grapefruit Macarons

Boosts immunity, aids digestion, reduces inflammation, energises, naturally detoxifies

Bitter Chocolate Brownie, Chantilly & Summer Berries

Rich in antioxidants, supports heart health, boosts mood, enhances immunity

Lemon & Rosemary Extra-Virgin Olive Oil Cake

Heart-healthy fats, reduces inflammation, supports brain function

Peach, Raspberry & Rose Torte

Harmonises the mind and promotes healthy skin

If you have any dietary requirements or food allergies, please let us know. However, please be aware that due to shared cooking and preparation areas, we cannot guarantee that any menu item is allergen free. Some dishes may contain small bone and shell fragments. All prices include VAT at the current standard rate. An optional 13% service charge will be added to your final bill.