



The Art of Serving **DELICIOUS WELLNESS**

Quinteassential TEA + BOTANICALS









Afternoon Tea Menu

Sweet Selection

Matcha Tea & Strawberry Battenberg
Baked Rose Cheesecake
Pistachio Chocolate Delice
Carrot Cake
Lemon Merengue Tart

Savoury Selection

Cornish Chicken
Turkey Ham Cheese & English Mustard
Smoke Salmon Cream Cheese & Cucumber
Avocado Bruschetta
Grilled Vegetable & Hummus Wrap

Scones

Plain Scones Sultana Scones Clotted Cream Strawberry Jam



WHITE HOUSE



THE MELIA HOUSE BLEND Melia White House Exlusive | BLACK TEA

Smooth, invigorating and full bodied, The Melia House Blend offers round toasted notes of honey, malt and a touch of stone fruits. The high proportion of the finest Darjeeling tea leaves makes this a perfect consort to Melia White House.

DECAF BREAKFAST | BLACK TEA

A classic breakfast blend, full of flavour but without the caffeine, perfect for any time of the day. Caffeine extracted via CO2 method to optimise flavour balance.

IMPERIAL EARL GREY | BLACK & OOLONG TEA

This wonderful tale of East meets West is a blend of black and oolong tea leaves, the finest bergamot and blue cornflowers. Award winning tea.

COCOA BY THE FIRE | BLACK TEA

This rich black premium tea is carefully blended with cocoa and a burst of sunflower petals.

GARDEN OF EDEN | GREEN & BLACK TEA

A delicious union of black and green tea, infused with a bouquet of wild flowers and japanese peach.

LEMON LOUNGE | GREEN & WHITE TEA

This exquisite blend of white and green tea, infused with lemon, rosemary and a hint of mint helps you unwind zestfully.

ZEST QUEST | GREEN TEA

Vibrant ginseng root, lemon verbena, Holy basil and the finest green tea leaves create a tonic for vitality.





MALLORCA SUNSET Melia White House Exlusive | ROOIBOS BLEND This lush and zestful rooibos with notes of herbs and citrus, reminisce the Spanish countryside and turquoise waters of the Mediterranean coast.

MELLOW MINT | HERBAL BLEND

Lush spearmint and zestful peppermint are carefully blended for a smooth, almost creamy flavour thrill. Award winning tea.

LIQUID LULLABY | BOTANICAL BLEND

Chamomile gets the Quinteassential treatment; feel good dreams are created with this blend of oats, valerian root and lavender.

CLEANSE | SPICE BLEND

Quinteassential's proud interpretation of a classic chai. Ginger, cardamom, dates and cacao combine to create this warm embrace.

WHITE PEACH SANGRIA | FRUIT BLEND

A deep crimson infusion of peaches, hibiscus and pineapples, this is a juicy fruit tea that quenches your thirst whether it is served hot or cold.









